**VNjd; Njhl;lk;**

VNjd; Njhl;lkhd vh;Nkhd; kiyf;F fpof;Nf ,Ue;j yPgNdhd; gs;sjhf;F vd;W ghh;j;Njhk;. VNjdpy; Njtd; thrkhapUe;jhh;. kdpjh;fs; kj;jpapy; Njtd; thrkhapUf;f Vw;gLj;jpapUe;j Njhl;lNk ,e;j VNjd; Njhl;lkhFk;. Njtd; VNjd; Njhl;lj;jpNy rhPugpufhukhf thrkhapUe;juh? mjw;F Kjypy; guNyhfj;jpy; rhPugpufhukhf ,Uf;fpd;whuh vd;W ghhg;Nghk;. guNyhfk; rpU\;bf;fg;gLk; Kd;dNu Njtd; ,Uf;fpd;whh;. vdNt mth; guNyhfj;jpy; thrkhapUf;f mtrpakpy;iy. guNyhfkhdJ Njtdhy;jhd; rpU\;bf;fg;gl;lJ (me;j guNyhfk; rpU\;bf;fg;gLk; Kd;dNu mth; thrkhapUe;J nfhz;LjhdpUf;fpd;whh;). me;j rpU\;bg;ghdJ ,NaR kw;Wk; guNyhf thdJ}jh;fshy; elj;jg;gl;lJ. Njtd; thrkhapUg;gjw;F xU ,lk; Njitg;gl;lhy; mth; Njtdhf ,Uf;fKbahJ. Vnddpy; Njtd; vd;gth; jd;dpy;jhNd NghJkhdtuha; ,Uf;fNtz;Lk;. mg;gb ,Uf;Fk;NghJ guNyhfj;jpy; Njtd; rhPugpufhukhf thrkhapUf;fpd;whh; vd;W nrhy;yhJ ,Ug;Nghkhf. mJ Njtid jho;j;JtJ NghyhFk;. Njtj;Jtj;ij jho;j;JtJ NghyhFk;. mg;gbahdhy; ,NaRtpd; fh;j;jh; fw;gpj;j n[gj;jpy; gukz;lyq;fspy; thrkhapUf;Fk; vq;fs; gpjhNt vd;W $wg;gl;bUf;fpd;wNj. ,NaR ngha; nrhy;Yfpd;whh; vd;W eP $Wfpd;whah vd;W ePq;fs; Nfl;Fk; Nfs;tp vdf;F Nfl;fpd;wJ. vUrNyk; Myaj;jpy; ,];uNay; kf;fSf;fhf vg;gb Njtd; thrkhapUe;jhNuh mNjNghy guNyhfj;jpYk; thdJ}jh;fSf;fhf thrkhapUg;ghh;. vUrNyk; Myaj;jpy; Njtd; rhPugpufhukhf thrkhapUe;jhuh? fz;bg;ghf ,y;iy. mq;F NjtDila gpurd;dk; kl;LNk Njitg;gLk;nghOJ ,Ue;jJ. NjtDila gpurd;dNk mq;F Njtd; thrkhapUf;fpd;whh; vd;W $wg;gl;bUf;fpd;wJ. mJNghy guNyhfj;jpYk; Njtd; gpurd;dkhfNt ,Ug;ghh;. rhPugpufhukhf thrkhapUf;fkhl;lhh;. mNjNghy G+kpapy; kdpjh;fSf;fhf Njtd; VNjdpNy thrkhapUe;jhh;. mq;F mth; rhPugpufhukhf thrkhapuhky;> gpurd;dj;jpd; %ykhfNt thrkhapUe;jhh;. vUrNyk;> VNjd;> guNyhfk; vy;yh ,lj;jpYk; Njtd; rhPugpufhukhf thrkhapUf;ftpy;iy. mtuJ gpurd;dk; kl;LNk ,Uf;Fk;.

**thdJ}jh;fs; thrkhapUe;jhh;fs;:** vNjdpNy mLj;J NtW ahh; thrkhapUe;jhh;fs;? VNjdpy; Njtd; thrkhapUe;jhy; thdJ}jh;fSk; fz;bg;ghf mq;F ,Ug;ghh;fs;. Vnddpy; Njtd; Nf&gPd;fs; kj;jpapNyjhd; thrkhapUg;ghh;. guNyhfj;jpyhdhYk;> G+kpapyhdhYk; mth; Nf&gPd;fs; kj;jpapNyjhd; thrkhapUg;ghh;. me;j NfUgPd;fspy; ghtk; nra;tjw;F Kd;dhd rhj;jhDk; xUtd;. G+kpf;fhd thdJ}jh;fNs VNjdpYk; ,Ue;jhh;fs;. ,th;fSf;fhd cz;ikahd trpg;gplk; Moj;jpYs;s ntspr;rg; gFjpjhd;. me;j ntspr;rg; gFjpf;fhd thryhdJ VNjdpNyjhd; jpwe;jJ. kdpjDf;fhfj;jhd; thdJ}jh;fs; gzptpil Mtpfshf rpU\;bf;fg;gl;lhh;fs;. kdpjh;fs; kj;jpapNy Njtd; thrkhapUf;f Ntz;Lk; vd;gJjhd; NjtDila jpl;lk; (G+kpapd; thdJ}jh;fs; kj;jpapy; my;y). kdpjdhdtd; G+kpapd; ntspr;rg; gFjpf;F nry;yKbahJ. vdNt VNjdpNy Njtd; thrkhapUe;jhh;. Njtd; ,Uf;Fk; ,lj;jpy; thdJ}jh;fSk; ,Uf;fNtz;Lk; vd;gjw;fhf me;j VNjdpNy ntspr;rj;jpy; thrkhapUf;Fk; G+kpapd; thdJ}jh;fSk; thrkhapUe;jhh;fs;.

**,d;Wk; VNjdpNy thdJ}jh;fs; ,Uf;fpd;whh;fs; - NahG:1:6:** ghtk; nra;j gpwFNjtd; VNjdpypUe;J Mjhikj;jhd; ntspNa Juj;jptpl;lhh;. Mdhy; thdJ}jh;fs; ,g;NghJk; VNjdpNy ,Uf;fj;jhd; nra;fpd;whh;fs;. NahGtpDila rk;gtj;jpypUe;J thdJ}jh;fs; ,g;NghJk; VNjdpy; thrkhapUf;fpd;whh;fs; vd;gij ehk; mwpe;Jnfhs;syhk;. rhj;jhd; xUKiw fh;j;jUila re;ejpapy; thdJ}jh;fs; epd;wNghJ thdJ}jh;fs; kj;jpapy; epd;whd; vd;W NahG:1:6y; $wg;gl;bUf;fpd;wJ. thdJ}jh;fs; $bapUe;j me;j ,lk; vJ? thdJ}jh;fs; thrkhapUf;fpd;w xU ,lk; guNyhfk;. mq;F Njtrpj;jk; kl;LNk nra;ag;gLtjhy;> Njtrpj;jjpw;F Kuzhf nray;gLk; rhj;jhDk; mtdJ J}jh;fSk; mq;F nry;yKbahJ. mJkl;Lky;yhky; rhj;jhdhy; (Mfhaj;J mjpfhu gpuG) G+kpapd; Mfha tphpTf;F NkNy nry;yTk; KbahJ. G+kpapd; fPOs;s ntspr;r gFjpfSf;Fs;Sk; khk;r rhayhd Mtp[Ptpfs; nry;yKbahJ. vdNt rhj;jhd; thdJ}jh;fs; kj;jpapy; te;jJ ,e;j VNjdhfj;jhdpUf;f Ntz;Lk;. VNjdpy; $l Njtd; ghtpahd rhj;jhdplk; Nehpilahf NgrpapUf;fkhl;lhh;. thdJ}jh;fs; %ykhf mtd; Njtdplk; Nfs;tp Nfl;bUf;fNtz;Lk;. NjtDk; thdJ}jh;fs; %ykhf mtDf;F gjpyspj;jpUf;fNtz;Lk;. Njt gpurd;dkhdJ Mjhk; ghtk; nra;tjw;F Kd;G ,Ue;jJNghy vg;NghJk; njhlh;e;J VNjdpNy ,Ug;gjpy;iy. Vnddpy; ,g;NghJ rhj;jhDk; VNjDf;Fs; Eioe;Jnfhz;bUf;fpd;whd;. kdpjDk; ghtk; nra;J mjpypUe;J ntspNaw;wg;gl;Ltpl;lhd;. vdNt thdJ}jh;fs; VNjdpy; rigahf $Lk;NghJkl;Lk; VNjdpy; thdJ}jh;fs; kj;jpapy; Njt gpurd;dk; ,Uf;Fk;. mg;gbgl;l xU rkaj;jpy;jhd; rhj;jhd; thdJ}jh;fs; kj;jpapy; te;jpUf;fpd;whd; (VNjDf;F). NahGtpd; fhhpaj;jpypUe;Jk; thdJ}jh;fs; ,d;dKk; VNjdpy; rigahf $Lfpd;whh;fs; vd;gijAk;> me;j Neuj;jpy; kl;Lk; Njtd; VNjdpNy mth;fSf;fhf gpurd;dkhfpd;whh; vd;gijAk; ehk; ,jd; %yk; Ghpe;Jnfhs;syhk;.

**vNjdpy; kpUfq;fs; ,Ue;jjh?** VNjdpy; Njtd;> thdJ}jh;fs;> Mjhk; Vths; ,Ue;jhh;fs;. mq;F kpUfq;fs; ,Ue;jjh vd;gJ mLj;j Nfs;tp. VNjd; Njhl;lj;jpy; ,Ue;j xNu kz;zpzhy; rpU\;bf;fg;gl;l [Ptp Mjhk; VthNs. ghpRj;jMtp ngw;W Njtrhaypy; ,Ue;jjhy; kl;LNk mth;fshYk; VNjDf;Fs; ,Uf;fKbe;jJ. kz;zpdhy; rpU\;bf;fg;gl;l NtW ve;j kpUf [PtpfSf;Fk; ghpRj;jMtp nfhLf;fg;glhjjhy; mitfshy; VNjDf;Fs; thrkhapUf;fNt KbahJ. Njtd; thrkhapUe;j rPdha; kiy (xNug;) Njtgh;tjk; vd;Nw Ntjj;jpy; miof;fg;gl;lJ. vh;Nkhdhfpa ghpRj;j gh;tjKk; fh;j;jUila gh;tjk; vd;Nw miof;fg;gl;lJ. Njtd; xU kiyapy; thrkhapUe;jhy; fz;bg;ghf mJ Njtgh;tjNk. me;j fUj;jpNy Njtd; jw;fhypfkhf thrkhapUe;j rPdha; kiyAk; Njtgh;tjNk. Njtd; rPdha; kiyapNy ,wq;Fk;NghJ me;j kiyia Rw;wp xU NfhL Nghl;L kpUfq;fs;$l tutplhJ jLj;jhh; (ahj;:19:11-13). me;j rPdha; kiyahdJ NjtdJ jw;fhypf ,Ug;gplk;. Mdhy; VNjNdh Mjhk; ghtk; nra;Ak;tiu NjtDila epue;ju ,Ug;gplk;. ,dp tug;Nghfpd;w fhyq;fspYk; kdpjh;fs; kj;jpapNy Njtd; thrkhapUg;gjw;F mJNt NjtDila epue;ju ,Ug;gplkhfNghfpd;wJ. jw;fhypf ,Ug;gplj;jpw;Fs;NsNa Njtd; khk;r rhayhd kdpjh;fisAk;> kpUfq;fisAk; mDkjpf;fhjNghJ> epue;ju thr];jykhfpa Vh;Nkhd; kw;Wk; mij rhh;e;j VNjd; Njhl;lj;jpy; fz;bg;ghf khk;r rhayhd kpUf[Ptpfis mDkjpj;jpUf;fNt khl;lhh;. fh;j;jh; fw;gpj;j n[gj;jpy; ckJ rpj;jk; guNyhfj;jpy; nra;ag;ghLtJNghy vd;W nfhLf;fg;gl;bUf;fpd;wJ. Mk; guNyhfj;jpy; NjtdJ rpj;jk; kl;LNk nra;ag;gLk;. Vndd;why; mq;F Njtrhayhd ,NaRTk;> thdJ}jh;fSk; kl;LNk ,Ug;ghh;fs;. Njtrhayhdth;fs; vg;NghJk; Njtrpj;jj;ij kl;LNk epiwNtw;Wthh;fs;. vdNt guNyhfj;jpy; Njtrpj;jk; kl;LNk nra;ag;gl;lJ. mNjNghy Mjhk; ghtk; nra;Ak; Kd;dh; VNjdhdJ xU rpW guNyhfk; NghyNt ,Ue;jJ. mq;F Njtrpj;jk; kl;LNk nra;ag;gl;L te;jJ. vdNt VNjDf;Fs; khk;r rhayhd kpUfq;fSf;Nfh NtW ve;j khk;r rhaYf;Nfh ,lkpy;iy. mg;gbahdhy; rh;g;gk; vg;gb vd;W ePq;fs; Nfl;fyhk;. mij Fwpj;J gpd;dh; ghh;g;Nghk;.

**[PttpUl;rk;:** mLj;jjhf VNjdpy; [PttpUl;rk; ,Ue;jJ. mJ xd;W ,Ue;jjh my;yJ gy ,Ue;jjh vd;W ekf;Fj; njhpahJ. MdhYk; me;j fdpapd; tpijfspypUe;J Gjpa kuk; tsUk; vd;gJ cWjp. vdNt Muk;gj;jpy; xU kuk; ,Ue;jhYk; gpd;dh; mjd; tpij Kisj;J gy kuq;fs; cUthfpapUf;Fk;. ,e;j fdpahdJ czty;y. ,J xU Food supliment Nghyjhd; nfhLf;fg;gl;bUe;jJ. mij jpdKk; cz;zNtz;ba mtrpakpy;iy. mJ khjj;jpw;F xU Kiwjhd; fdp nfhLf;Fk; vd;W ntsp:22:2y; $wg;gl;bUf;fpd;wJ. vdNt ,J Longevity property mjhtJ [Ptid ePl;bf;Fk; rj;Jf;fs; epiwe;j xU Food supliment my;yJ fhafy;gk; vd;W ehk; $wyhk;. me;j fdpapy; [Ptid ePl;bf;Fk; jd;ik ,Ue;jjhy;jhd; me;j fdpia nfhz;Ls;s kukhdJ [PttpUl;rk; vd;W miof;fg;gLfpd;wJ.

xUtDila [Ptd; ePl;bf;f Ntz;Lnkd;why; vg;gb? xUtdpy; [Ptd; ePbf;f Ntz;Lnkd;why; mtd; %g;gilaf;$lhJ. %g;G Vw;gl;lhy; tNahjpfk; Vw;gl;L> mtd; kuzkile;J [Ptd; ,y;yhky; Ngha;tpLthd;. xUtdpy; [Ptd; ,y;yhky;Nghf NtW VjhtJ fhuzq;fs; ,Uf;fpd;wjh? Neha;tha;gl;lhYk; xUtd; kuzkile;J [Ptd; ,y;yhky; Ngha;tpLthd;. Mf xUtd; [Ptd; ,y;yhky; Nghf ,uz;L fhuzq;fs; ,Uf;fpd;wJ. xd;W %g;giljy; (aging proceses) kw;nwhd;W tpajpgLjy;. ,e;j ,uz;L fhuzq;fisAk; rhpnra;jhy;jhd; xUtDila [PtdhdJ ePbf;Fk;. [PttpUl;rj;jpNy [PtePl;bg;gpw;fhd ,e;j ,uz;L fhhpaq;fis rhp nra;tjw;F vd;d ,Ue;jJ?

[PttpUl;rj;jpd; fdpahdJ %g;ig Nghf;Fk; Anti aging property cs;s xU fdpahFk;. vdNt me;j fdpia rhg;gpLgtDf;F KJik tuhJ. KJik tuhjjhy; mtdJ MAs; ePl;bf;Fk;. MdhYk; ,e;j fdpahdJ xU czthf Mjhkpw;F nfhLf;fg;gltpy;iy. mjhtJ jpdKk; rhg;gpLk;gbf;F mtDf;F nfhLf;fg;gltpy;iy. khjk; xU Kiw ,e;j goj;ij cz;L tu MAshdJ ePl;bf;Fk; tifapy; ,e;j fdpf;F Mw;wy; ,Ue;jJ.

[PttpUl;rj;jpd; fdpapy; %g;ig ePf;Fk; jd;ik kl;Lk;jhd; ,Uf;fpd;wJ. vdNt xUtd; %g;gile;J tNahjpfj;jpdhy; kuzkilahjgbf;F mJ mtid fhf;Fk;. Mdhy; xUtd; Neha;tha;gl;L kuzkilaTk; tha;g;G ,Uf;fpd;wNj. mg;gb Neha;tha;gl;L kuzkilahky; ,Uf;f me;j [PttpUl;rj;jpy; vd;d ,Uf;fpd;wJ? vd;gJ mLj;j Nfs;tp. [PttpUl;rj;jpd; ,iyahdJ xU rh;tNuhf epthuzpahFk; vd;W Ntjj;jpNy $wg;gl;bUf;fpd;wJ. rh;tNuhf epthuzp vd;why; vd;d mh;j;jk;? ve;j Neha; te;jhYk; me;j ,iyia gwpj;J rhg;gpl;lhy; me;j NehahdJ FzkhfptpLk;. ntsp:22:2y; “me;j tpUl;rj;jpd; ,iyfs; [dq;fs; MNuhf;fpakilfpwjw;F VJthditfs;” vd;W$wg;gl;bUf;fpd;wJ. MNuhf;fpakiltjw;F VJthd kUj;Jt FzKs;sitfs; vd;gNj mjd; mh;j;jkhFk;. vNr:47:12y; “mitfspd; ,iyfs; mtpo;jj;Jf;Fkhditfs;” vd;W nrhy;yg;gl;bUf;fpd;wJ. mtpo;jk; vd;why; vd;d? Mq;fpy Ntjhfkq;fspy; ghh;j;jhy; medicine vd;W nfhLf;fg;gl;bUf;Fk;. Mk; mtpo;jk; vd;why; kUe;J. xUtDf;F ve;j Neha; te;jhYk; me;j ,iyia gwpj;J rhg;gpl;Ltpl;lhy; mtdJ NehahdJ FzkhfptpLk;. ,g;gbahf [PttpUl;rj;jpd; ,iyahdJ xUtid ve;jtpjkhd NehapdhYk; kuzkilahJ fhf;fpd;wJ. xUtdJ [Ptid ,y;yhky; nra;Ak; gpzp> %g;ig ePf;fp rhf;fhl;il ,y;yhky; gz;Zk; fdpiaAk;> ,iyiaAk; nfhz;bUe;jjhy; me;j kukhdJ [PttpUl;rk; vd;W miof;fg;gl;lJ. [PttpUl;rk; vd;gJ xU fhuzg;ngauhFk;.

**Mjhkpd; czT irtk; (Mjp:1:29):** gpzp> %g;G> rhf;fhl;bypUe;J fhg;gjw;F [PttpUl;rk; vd;W ghh;j;Njhk;. Mjhkpd; cztpw;F Njtd; vd;d Vw;ghL nra;jpUe;jhh;? G+z;L nrbfs;> fdp kuq;fs; Mfpait Mjhkpw;F czthf nfhLf;fg;gl;lJ vd;W Mjp:1:29y; $wg;gl;bUf;fpd;wJ. G+z;L nrbfs; vd;gij ehk; Gw;fs; vd;W Ghpe;Jnfhs;sNtz;Lk;. ney;> NfhJik> rpW jhdpaq;fs; vy;yhNk ,e;j Gy; tifia rhh;e;j jhtuq;fNs. ,itfisNa Njtd; kdpjDf;F Mfhukhf nfhLj;jhh;. ,J jtpu gy fdpjUk; kuq;fisAk; nfhLj;jhh;. ,itfNs ,d;Wk; kdpjDf;F czthf gad;gl;Lf;nfhz;bUf;fpd;wJ. Njtd; Mjhik xU irt czT cz;gtdhfNt rpU\;bj;jhh;.

**Mjhkpw;F tptrhaNtiy (Mjp:2:15):** Mjhkpw;F Njtd; G+kpiaAk;> mjd; rpU\;bfisAk; fPo;gLj;jpapUe;jhh; vd;W ehk; Vw;fdNt ghh;j;Njhk;. G+kpapYs;s tpyq;Ffis ghpghypj;jy;> fhj;jy; Nghd;w Ntiyfis Mjhk; VNjDf;F ntspNa nra;aNtz;Lk;. VNjDf;F cs;Ns mtDf;F Njtdhy; VjhtJ Ntiy nfhLf;fg;gl;ljh? Mk; mtDf;fhd Gw;fs; mjhtJ jhdpaq;fs; kw;Wk; fdpjUk; kuq;fisAk; mjdjd; tpijfspypUe;J tptrhak; gz;zp ngUf;fpf;nfhs;sNtz;Lk; vd;w tptrha NtiyiaAk; Njtd; mtDf;F nfhLj;jpUe;jhh;. gz;gLj;Jjy; vd;gjd; mh;j;jk; tptrhak; nra;jNy. kpUfq;fs; VNjDf;Fs; mDkjpf;fg; glhjjhy; Mjhk; ,e;j tptrhaj;jpw;F fz;bg;ghf kpUfq;fis gad;gLj;jpapUf;fkhl;lhd;. Njtd; mtDf;F nfhLj;j ty;yikapdhy; me;j tptrha Ntiyia nra;jpUg;ghd;. me;j tptrhaj;jpy; VNjd; mtDf;F jd; gyid nfhLf;Fk;gb MrPh;tjpf;fg;gl;bUf;Fk;. Mjhk; irt czT rhg;gpLgtdhfNt rpU\;bf;fg;gl;lhd; vd;W ghh;j;Njhk;. Mjhk; kl;Lky;y vy;yh kpUfq;fSk; $l irt czT rhg;gpLgitfshfNt rpU\;bf;fg;gl;ld vd;W Mjp:1:30I thrpj;J ghh;j;jhy; ekf;F GhpatUk; (Mjhkhy; mitfSf;F ghpRj;jMtp nfhLf;fg;glhjjhy; mitfs; Njtrhaiy milahky; khk;r gl;rpzpfshfNt ,Ue;jd).

**fhf;Fk; NtiyAk; nfhLf;fg;gl;lJ:** Mjp:2:15y; Mjhkpw;F tptrha NtiyAld; VNjid fhf;Fk; NtiyAk; nfhLf;fg;gl;lJ vd;W $wg;gl;bUf;fpd;wJ. VNjid Vd; fhty; fhf;f Ntz;Lk;. Mjhk; ghtk; nra;jTld; mtd; kPz;Lk; [PttpUl;rj;jpd; fdpia vLj;J rhg;gpl;Ltplhjgbf;F Nf&gPd;fspd; ghJfhty; VNjd; Njhl;lj;jpw;F Nghlg;gl;lJ vd;W Mjp:3:24y; $wg;gl;bUf;fpd;wJ. ,jpypUe;J ghJfhty; vd;gJ [PttpUl;rj;jpd; fdpfSf;Nf mtrpak; vd;W njhpfpd;wJ. khk;r rhayhd ve;j xU [PtpAk; VNjd; Njhl;lj;jpw;Fs; Eioe;J [PttpUl;rj;jpd; fdpia rhg;gpl;L [PtNdhL ,Ue;Jtplf;$lhJ vd;gjw;fhfNt VNjd; Njhl;lj;ij fhty;fhf;Fk; nghWg;G G+kpapd; uh[hthfpa Mjhkpw;F nfhLf;fg;gl;bUe;jJ.

**Mjhk; ghtk; nra;Ak; Kd;dh; kpUf[PtpfSf;F epj;jpa [Ptd; ,Ue;jjh?** khk;r rhayhd ahnjhd;wpw;Fk; epj;jpa [Ptd; fpilahJ. Mjhkpdpkpj;jk; G+kp rgpf;fg;gl;ljhy;jhd; vy;yh kpUfq;fSk; khpf;fpd;wd. Mjhk; ghtk; nra;Ak; Kd;dh; kpUfq;fs; epj;jpa [PtNdhL ,Ue;jd vd;W rpyh; NfhUfpd;whh;fs;. mJ jtwhd fUj;jhFk;. Mjhk; ghtk; nra;tjw;F Kd;dNu kpUfq;fs; khpj;Jf;nfhz;LjhdpUe;jd. mJ ,aw;ifahd kuzkhfNth my;yJ khk;r rhayhd mitfs; xd;NwhL xd;W rz;ilapl;Lf;nfhz;ljd; %ykhfNt khpj;jpUf;fyhk;. mj;jifa khk;r rhayhd kpUfq;fs; VNjDf;Fs; GFe;J jq;fsJ ifia ePl;b [PtpUl;rj;jpd; fdpia rhg;gpl;L [PtNdhL ,Uf;ff;$lhJ vd;gjw;fhfNt Mjhkpw;F VNjid fhty; fhf;Fk; nghWg;ig Njtd; nfhLj;jhh;. me;j fhty; fhf;Fk; Ntiyapy; Mjhkpd; gzptpil Mtpfshfpa VNjdpd; thdJ}jh;fSk; cjtpapUg;ghh;fs;.

**ed;ik jPik mwpAk; tpUl;rk; vd;why; vd;d?**

VNjd; Njhl;lj;jpw;Fs; ,d;DnkhU tpUl;rk; ,Ue;jJ. mjw;F ngah; vd;d? ed;ik jPik mwpAk; tpUl;rk; vd;gjhFk;. [PttpUl;rk; vd;gJ vg;gb fhuzg;ngaNuh mNjNghy ed;ik jPik mwpaj;jf;f tpUl;rk; vd;gJk; fhuzg;ngauhfNt ,Uf;fNtz;Lk;. me;j kuj;jpd; fdpia Grpj;jhy; xUtDf;F ed;ik jPik mwpAk; Qhdk; fpilf;fNtz;Lk;. Mdhy; me;j ed;ik jPik mwpAk; kuj;jpd; fdpa Grpj;jhy; rhfNt rhtha; vdNw Mjhkplk; Njtd; $Wfpd;whh;. vdNt ed;ik jPik mwpjy; vd;gjd; rhpahd mh;j;jj;ij ehk; Kjypy; Ghpe;Jnfhs;sNtz;Lk;. Mjhk; goj;ij rhg;gpLk; Kd; Mjhk; ed;ik jPik mwpahjtdhf ,Ue;jhdh? Njtd; Mjhk; Vths; ed;ik jPik mwpahj xU NuhNghNghy ,Uf;fNtz;Lk; vd;W vz;zpdhuh? ed;ik jPik mwpjy; vd;d mt;tsT ghtkhd fhhpakh? Njtd; Mjhkpw;F ghpRj;jMtpia nfhLj;J kpFe;j QhdKs;stuhfNt gilj;jhh;. gyMapuk; tpyq;FfSf;F ngahpLk; mstpw;F QhdKs;sdhf ,Ue;j Mjhk; ed;ik jPik mwpahjtdhf ,Ue;jhd; vd;W $WtJ ajhh;j;jj;jpw;F KuzhdJ. me;j tpUl;rj;jpd; fdpia rhg;gpl;Ljhd; mtd; ed;ik jPik mwpaNtz;Lk; vd;w mtrpak; mtDf;F ,y;iy. Vnddpy; ed;ik jPikia mwptpg;gjw;F mtdplk; ghpRj;jMtp ,Ue;jJ. vJ jtW> vJ rhp vd;gij czh;j;Jk; ghpRj;jMtp mtdplk; ,Ue;jjhy; mtd; ed;ik jPik mwpaf;$ba Qhdk; kpf;ftdhfNt ,Ue;jhd;. mjw;F mtDf;F xU kuj;jpd; fdp mtrpakpy;iy.

,jpNy kpfg;nghpa nkhopngah;g;G gpio ,Uf;fpd;wJ. me;j nkhopngah;g;G gpioNa gy E}w;whz;Lfshf Njt[dq;fis Fog;gp tUfpd;wJ. me;j nkhopngah;g;G gpio vd;dntd;gij ,g;NghJ ehk; Muha;e;J ghh;g;Nghk;. me;j kuj;ij “ed;ik jPik mwpaj;jf;f kuk;” vd;W $Wtijtpl “ed;ikia jPikaha; mwpaj;jf;f kuk;” vd;W nkhopngah;j;jNy rhpahf ,Ue;jpUf;Fk;. knowing good and evil vd;W nrhy;yhky; knowing good as evil vd;Wjhd; nkhopngah;j;jpUf;f Ntz;Lk;.

ghpRj;jMtpia ngw;W xUtDf;F ed;ik ed;ikahfTk;> jPik jPikahfTNk njhpAk;. NjtDf;F fPo;gbtNj ed;ik vd;Wk;> NjtdJ thh;j;ijia kPWtJ jPik vd;Wk; ghpRj;jMtpia ngw;wtDf;F ed;F njhpAk;. Mdhy; me;j kuj;jpd; fdpia Mjhk; rhg;gpl;lhy; mtdplkpUe;J ghpRj;jMtp vLf;fg;gl;Ltpl;lJ. mtd; ghpRj;jMtpia ,oe;jhd;. ghpRj;jMtp ,y;yhjtDf;F ed;ik jPikahfTk;> mjhtJ NjtDf;F fPo;gbtJ jPikahfTk;> NjtDf;F fPo;gbahkypUg;gNj ed;ikahfTk; njhpAk;. Mk; ,Jjhd; me;j ed;ik jPik vd;gjd; rhpahd fUj;J MFk;. mg;gb vd;why; me;j kuj;ij vg;gb miof;f Ntz;Lk;? ed;ikia jPikaha; mwpaj;jf;f tpUl;rk; vd;Wjhd; me;j kuj;ij miof;f Ntz;Lk;. nkhopngah;g;G gpioapdhy; ed;ik jPik mwpajf;f kuk; vd;W jtwhf Ntjj;jpy; $wg;gl;bUf;fpd;wJ.

ed;ik jPik mwpjy; vd;gJ xU vjph;kiwahd jPq;fhd fhhpak; vd;W $Wfpd;wPh;fs;. Mdhy; Mjp:3:22Yk; NjtDk; ed;ik jPik mwpajf;ftuhf ,Uf;fpd;whh; vd;W nfhLf;fg;gl;bUf;fpd;wNj. Mjp:3:22y; Njtd; “,Njh> kD\d; ed;ik jPik mwpaj;jf;ftdha; ek;kpy; xUtiug;Nghy; Mdhd;” vd;W $wg;gl;bUf;fpwJ. ehd; Kd;dh; $wpa tpsf;fk; mjhtJ ed;ikia jPikaha; mwpjy; vd;w tpsf;fk; rhp vd;why; Njtd; ed;ikia jPikaha; mwpfpd;wtuh? ,J vt;tsT mgj;jkhd fUj;J vd;W ePq;fs; Nfl;fyhk;. Njtd; xUfhYk; ed;ikia jPikaha; mwpgth; my;y.

,e;j trdj;jpYk; nkhopngah;g;G gpio ,Uf;fpd;wJ. ,e;j trdj;ij ehk; mg;gbNa Vw;Wf;nfhs;s KbAkh? ,e;j trdj;ij ehk; mg;gbNa Vw;Wf;nfhz;lhy; Njtd; kdpjd; jd;idg;Nghy; Mfptpl;lhd; vd;gjw;fhf nghwhikg;gLtJNghy MfptpLk;. ek;ikNghy Mfptpl;lhNd vd;gJNghy;jhd; me;j trdk; ,Uf;fpd;wJ. Njtd; jdJ rpU\;bfisghh;j;J nghwhikgLgth; my;y. Njtd; jdJ rpU\;bfs; jd;idNghy ,Uf;fNtz;Lk; vd;gjw;fhfj;jhd; jdJ rhaypYk; jdJ &gj;jpYk; gilj;jh;. ,ij itj;Jg; ghh;j;jhYk; ,e;j trdj;jpy; vNjh nkhopngah;g;G gpio ,Ug;gJ cWjpahfpwJ.

Mq;fpyj;jpy; “Behold, the man is become as one of us, to know good and evil: and now…”vd;W nfhLf;fg;gl;bUf;fpd;wJ. ,ij “Behold, the man was like one of us, and now became to know good as evil” vd;W Ghpe;Jnfhz;lhy; rhpahf ,Uf;Fk;. mjhtJ “,Njh kdpjd; ek;kpy; xUtiug;Nghy ,Ue;jhd;. ,g;NghNjh ed;ikia jPikaha; mwpaj;jf;ftdhdhd;” vd;gNj rhpahd nkhopngah;g;ghFk;. vdNt ,e;j trdj;jpYk; nkhopngah;g;G gpiojhd; ,Uf;fpd;wJ. goj;ij rhg;gpLk; Kd;dh; ghpRj;jMtpia ngw;wtdha; ed;ikia ed;ik vd;Wk; jPikia jPik vd;Wk; mwpaf;$batdhf kdpjd; ,Ue;jhd;. goj;ij rhg;gpl;lJk; ed;ikia jPikaha; mwpaj;jf;ftdhdhd; vd;gNj me;j trdj;jpd; rhpahd fUj;J MFk;.

**rhfNt rhtha;:** goj;ij rhg;gpl;lhy; ed;ikia jPikaha; mwpajf;ftdhthd; vd;gNj rhp vd;fpd;wPh;fs;. Mdhy; goj;ij rhg;gpl;lhy; rhfNt rhtha; vd;WjhNd Njtd; mq;Nf $Wfpd;whh;. ed;ikia jPikaha; mwpfpd;wtdhthd; vd;W $wtpy;iyNa vd;W ePq;fs; Nfl;fyhk;. rhfNt rhtha; vd;why; vd;d vd;gjd; rhpahd mh;j;jj;ijAk; ehk; ,g;NghJ ghh;f;fNtz;Lk;. goj;ij rhg;gpl;l ehspy; mtd; rhfTkpy;iy. rpyh; NjtDf;F xUehs; 1000 tU\k; vdNt mtd; 930 tUlk; ,Ue;jJ$l NjtDf;F xUehs;jhd; vd;W NfhUfpd;whh;fs;. 1000 tUlj;jpy; rhthd; vd;why; 1000 tUlk; tiu my;yth mtd; capNuhL ,Ue;jpUf;f Ntz;Lk;. mtd; Vd; 930 tUlk; kl;Lk; capNuhL ,Ue;jhd;? xUehs; vd;gJ 1000 tUlj;ij Fwpf;Fk; vd;W nrhy;gth;fs; Njtid ngha;ah;fshf;Ffpd;whh;fs;. Vnddpy; 1000 tUlj;jpy; rhtha; vd;W Mjhkplk; $wptpl;L mtid 930 tajpNyNa khpf;fr;nra;Jtpl;lhNu. Njtd; xUNghJk; ngha;nrhy;Ygtuy;y. vdNt “Grpf;Fk; ehs;” vd;gij mNjehs; mjhtJ goj;ij rhg;gpl;l mNjehs; vd;Nw ehk; Ghpe;Jnfhs;Nthk;. vdNt mtDf;F Vw;gl;l rhT mtd; Grpj;j md;Nw Vw;gl;bUf;f Ntz;Lk;. mtd; goj;ij rhg;gpl;l md;W mtd; nrhy;yh;j;jkhd rhit re;jpf;ftpy;iy vd;gjhy; rhfNt rhjy; vd;gjw;fhd rhpahd mh;j;jj;ij ehk; mwpe;Jnfhs;s Kw;glNtz;Lk;.

“rhfNt rhtha;” vd;gjw;F nfhLf;fg;gl;bUf;Fk; vgpNua thh;j;ij mooth mooth vd;gjhFk;. mooth vd;gjw;F dead vd;W mh;j;jk;. dead vd;why; [Ptdw;w epiyahFk;. khpj;JNghjy; vd;gJ nrhy;yh;j;jkhd khpj;jiyAk; Fwpf;Fk;> Mtpf;Fhpa khpj;jiyAk; Fwpf;Fk;. ,q;F mJ fz;bg;ghf nrhy;yh;j;jjij Fwpf;fhJ. Vnddpy; me;j goj;ij rhg;gpl;l ehspy; mtd; rhftpy;iy. vdNt nrhy;yh;j;jkhd khpj;jiy ,q;F $wtpy;iy. fz;bg;ghf ,q;F nrhy;yg;gl;bUf;Fk; khpj;jy; vd;gJ Mtpf;Fhpa khpj;jiyNa Fwpf;Fk;. ,q;Nf mooth vd;W xU thh;j;ij kl;Lk; nfhLf;fg;gltpy;iy. mooth mooth vd;W ,uz;L Kiw nfhLf;fg;gl;bUf;fpd;wJ. vgpNuaj;jpNy xNu thh;j;ij mLj;jLj;J ,uz;LKiw nfhLf;fg;gl;lhy; mJ cWjpahf> epr;rakhf vd;w fUj;ij typAWj;jf;$bajhf ,Uf;Fk;. ,uz;L mooth mLj;jLj;J nfhLf;fg;gl;bUg;gjhy; epr;rakha; khpj;Jg;Nghtha; vd;Nw mq;F nkhopngah;f;fg;gl;bUf;f Ntz;Lk;. Mq;fpyj;jpy; rhpahf nkhopngah;j;jpUf;fpd;whh;fs;. Mq;fpyj;jpy; surly die vd;W rhpahf nkhopngah;j;jpUf;fpd;whh;fs;. jkpo; nkhopngah;g;Gjhd; rhpapy;iy.

khpj;jy; vd;why; Mtpf;Fhpa mh;j;jj;ij cilaJ vd;W ghh;j;Njhk;. khpj;jy; vd;gjd; Mtpf;Fhpa mh;j;jk;; vd;d? ,NaR jd;id gpd;gw;wp tutpUk;Gk; xUtd; jdJ jfg;gid mlf;fk;nra;Jtpl;L tUtjhf $Wk;NghJ “khpj;Njhh; jdJ khpj;Njhiu mlf;fk; nra;al;Lk;” vd;W (kj;:8:22) $Wfpd;whh;. ghpRj;jMtp ,y;yhNjhh; khpj;Njhh;. rigahh; midtUk; ghpRj;jMtpia ngw;w [PtDs;Nshh;. mq;Nf ,NaR vd;d $Wfpd;whh; vd;why; ehd; cd;id ghpRj;jMtpia ngw;w rigahuhf Ntz;Lk; vd;W mioj;jpUf;fpd;Nwd;. Mdhy; eP ghpRj;jMtp ngwhj cyfj;jhiug; Nghy rpe;jpf;fpd;whNa. khpj;JNghd cdJ jfg;gid ghpRj;jMtpia ngwhj khpj;Njhuhfpa cdJ cwtpdh;fs; mlf;fk; nra;jnfhs;thh;fs;. ePNah ghpRj;jMtpia ngw;W [PtDs;stdhf ,Uf;f vd;id gpd;gw;wp th vd;gNj ,NaR mq;F $wtUk; fUj;jhFk;. vdNt khpj;jy; vd;why; ghpRj;jMtp ,y;yhj epiyahFk;.

me;j kuj;jpd; fdpia rhg;gpl;l md;Nw> me;j nehbNa MjhkplkpUe;J ghpRj;jMtp vLf;fg;gl;lJ. mtd; me;j nehbNa khpj;Njhdhdhd;. khpj;jy; vd;gij ,uz;L Kiw njhlh;e;J $Wtjhy; Njtd; mij mt;tsT cWjpaha; $Wfpd;whh;. “eP epr;rakha; khpj;Njhdhtha;” vd;gJjhd; rhpahd nkhopngah;g;G. eP epr;rakha; ghpRj;jMtpia ,oe;JNghatha; vd;W Njtd; mq;F $Wfpd;whh;. me;j goj;ij rhg;gpLk; Kd;dh; Mjhk; ghpRj;jMtpia ngw;W [PtDs;Nshdhf ,Ue;jhd;. me;j goj;ij rhg;gpl;l cld; mtd; ghpRj;j Mtpia ,oe;J [Ptdw;wtdhf khpj;Njhdhf Mdhd;. NjtrhaypypUe;J khk;r rhayhdhd;.

me;j goj;ij rhg;gpLk; Kd;dh; mtDf;F ghpRj;jMtp ,Ue;jjhy; mtDf;F ed;ikahdJ ed;ikahfTk;> jPikahdJ jPikahfTk; njhpe;jJ. NjtDf;F fPo;gbtNj ed;ik> mtuJ thh;j;ijapd;gb elg;gNj ed;ik vd;gij mwpe;jpUe;jhd;. NjtDila thh;j;ijf;F fPo;gbahky; ,Ue;jhy; jdf;F jPik tUk; vd;Wk; mwpe;jpUe;jhd;. vdNt rhpahd Kiwapy; NjtDf;F gphpakhd Kiwapy; ele;jhd;. ghpRj;jMtp vLf;fg;gl;l me;j nehbapNyNa mtDf;F ed;ik jPikahfTk;> jPik ed;ikahfTk; njhpa Muk;gpj;jJ. me;j nehbapNy mtDf;F ed;ik jPikahAk;> jPik ed;ikahAk; njhpa Muk;gpj;Jtpl;lJ vd;gij ehk; vg;gb cWjpnra;ayhk;? Mjhk; Vths; VNjd; Njhl;lj;jpy; eph;thzkhfNt ,Ue;jhh;fs;. Mdhy; goj;ij cz;Zk;tiu mth;fs; jq;fsJ eph;thzj;jpw;fhf ntl;fg;gltpy;iy. Mdhy; goj;ij rhg;gpl;l cld; jq;fsJ eph;thzj;ij Fwpj;j mth;fSf;F ntl;fk; te;jJ. clNd mth;fs; mj;jpapiyapdhy; jq;fsJ eph;thzj;ij kiwj;jhh;fs;. ,jpypUe;J me;j goj;ij rhg;gpl;l clNd Mjhkpw;F Vw;gl;l me;j khw;wj;ij mjhtJ ed;ikia ed;ikaha; mwpfpd;w epiyapypUe;J> ed;ikia jPikaha; mwpfpd;w epiyf;F Nghdhd; vd;gij ehk; cWjpnra;ayhk;. vdNt goj;ij rhg;gpl;lhy; epr;rakha; khpj;Njhdhtha; vd;gJk;> ed;ikia jPikaha; mwpfpd;wtdhtha; vd;gJk; xNu mh;j;jj;jpw;fhd ,UNtW thh;j;ijfs; vd;gij ehk; Ghpe;Jnfhs;s Ntz;Lk;. ,uz;L thh;j;ijfSk; Mjhk; ghpRj;jMtpia ,oj;jiyNa Fwpf;fpd;wJ. vdNt me;j kuj;ij ed;ikia jPikaha; mwpajf;f tpUl;rk; vd;Wk; $wyhk;> khpj;jYf;fhd tpUl;rk; my;yJ khk;r rhaYf;fhd vd;Wk; $wyhk;. vy;yhk; xNu mh;j;jj;ijNa nfhLf;Fk;.